

An Examination of Conscience for Children

- Did I pay attention at Mass?
Have I fooled around in Church?
Did I say my prayers every day?
Did I say mean things to my mom or dad?
Did I always say "Thank You" to people?
Am I hard to get along with (during school, at Grandma's, at home?)?
Did I do what my mom and dad told me to do? My teacher?
Was I lazy around the house?
Did I do my chores?
Did I hurt others people's feelings by calling them bad names?
Have I started fights with my brothers and sisters at home?
Have I blamed other people for things I do?
Did I get other people into trouble?
Do I hit people when I get mad?
Have I forgiven people? Or am I holding a grudge?
Have I cheated or been unfair in games?
Did I refuse to play with someone for no good reason?
Was I was lazy about my schoolwork?
Did I fail to do my homework?
Did I cheat in school?
How many times did I lie to my parents? My teachers? My friends?
Did I take anything that didn't belong to me?
Did I avoid medicine? Did I refuse to eat food I didn't like?

